



## **GFF HELPING HANDS INFO**

### **VOLUNTEER DRESS-CODE**

We live in one of the hottest deserts in the United States, and you will be working outside 95% of the time. So, it is important that you dress with this fact in mind. Please remember we are a family establishment, and how you dress reflects not only you but our farm.

Please come in comfortable shoes or boots that you are able to get dirty. It is not necessary to buy boots to volunteer. All shirts must have a sleeve (no tank tops, muscle shirts, strapless tops, bathing suit tops, or spaghetti straps). For girls, we ask that no cleavage shows. Shorts are fine as long as they are fingertip length; jeans, capris, longer skirts or khakis are also fine to wear.

We ask that if you have writing or pictures on your clothing that they are not offensive in anyway.

\*GFF has the right to ask you to leave and change if you are not properly dressed for volunteering.

### **COMMUNICATION IS KEY**

If you have an issue with something that is going on at the farm, please pull us aside and talk to either James or Aly privately about the matter. There will be many personalities here on the farm, and our goal is for us to work in unity as a team with the same common purpose and goals.

If you are unable to keep a previously scheduled volunteer time, please give us as much notice as you can. We are able to communicate with you via phone, text, or email when it is convenient for you. We realize you are busy and have a personal life of your own, but it is

courteous to communicate with as much advanced notice as possible so we can fill your spot or reschedule you.

## **BELONGINGS**

You are responsible for your own belongings! The trailer is a great place to keep your personal items while you are volunteering here at the farm. We ask that cell phone use be kept to a minimum, and if you need to make a call or accept an incoming call that you use the trailer to do this. You will be working in and around water while you are here, so please keep this in mind while you are using your phone.

We ask that you keep ANY electronic devices at home or in your car. This helps preserve the natural atmosphere we try and keep here, as well as being open to conversations with others here on the farm.

Money is rarely needed here at the farm, so please do not carry large amounts of money with you that may get lost while you are here. Some days we all may chip in on pizza, or get subs. Water is always available at the farm.

## **CHARACTER**

Our character speaks volumes of who we are and what we represent. Most of the people that come to the farm need good examples of **great character** modeled for them. With this in mind, we ask that you refrain from using foul language, degrading comments, put downs, or play jokes that would hurt someone's feelings. Instead... smile, introduce yourself if you don't know someone, be an encourager, laugh, enjoy yourself, and take pride in what you are doing. If you watch, it will become contagious!

## **WORK ETHIC**

Sometimes we have to do jobs around the farm that are unpleasant (scooping poop, cleaning out the chicken pen, dusting the trailer, etc.). If it is something you just physically cannot do, please talk to someone so that we can find something better suited for you. However, we would ask that you join in and make the best of it. Have a good attitude about it, and know it won't last forever. Who knows, you may even like it! Don't feel bad if you try your best and fail. We have all been in your shoes, and we commend you for your effort.

Having a neat, organized and well-structured farm helps kids and families easily adjust to their new surroundings. It also gives them a vision of what they would like to do when they are here for sessions.

## **TRANSPORTATION**

It is important to have your own transportation, or reliable transportation from a family member. Please communicate clearly and effectively to those that are transporting you back and forth to the farm about the times you need to be here and the times that you need picked up. There are chairs on our front porch for you to wait for your ride. We ask that you park just to the south of our driveway if you have your own transportation. This allows us to use our own driveway and keep it clear for families that visit the farm. Please lock your vehicles if you have them parked out front. We can not see your vehicle from the backyard, so be smart and lock up!

## **VISITATION**

People love to know what you do once they find out you volunteer somewhere. Family/friends are more than welcome to come and see what you do and where you do it. We ask that if you are bringing someone to see the farm that you come a few minutes early to your assigned volunteer time or stay a few minutes later to introduce people to the farm. We ask that family/friends are not present during your designated volunteer times. This allows you to focus on the task at hand and emerge yourself in life here at the farm. If you have a friend or family member that would like to volunteer with you, please have them contact us. You are our best advocates for the farm, and we can't run without you!